



Baby & Childcare Competency Programme

Equipping young parents, pre-school attendants, and professional nannies with the essential skills, knowledge, and compassionate techniques to deliver exceptional, reliable care for children aged 6 months to 9 years.

Target Audience & Applicability:

This versatile curriculum is specifically tailored to address the dynamic needs of early childhood through to early school age. It is an invaluable resource for:

- **Professional Nannies & Caregivers:** Seeking formal certification and advanced skill-building to provide top-tier in-home care.
- **Pre-School Attendants & Staff:** Requiring standardised training to manage groups of young children safely and effectively in an educational setting.
- **Young Parents:** Looking for structured, expert-led guidance on navigating the critical developmental milestones, daily routines, and safety requirements of raising a child.

Learning Objectives:

By the end of this programme, learners will be equipped to:

- Master the foundational skills required to be a professional, empathetic, and reliable caregiver for infants, toddlers, and young children.
- Understand and apply the core principles of child development, tailoring routines and interactions to suit varying age groups within the 6-month to 9-year spectrum.
- Maintain rigorous standards of wellness, personal hygiene, and environmental cleanliness to protect the health and immunity of the children in their care.
- Confidently manage the day-to-day needs, behavioural stages, and recreational activities appropriate for different developmental phases.
- Implement vital health and safety protocols, including age-appropriate childproofing, accident prevention, and basic emergency responses.
- Foster excellent communication, whether with co-caregivers, educational staff, or the children themselves, while managing the unique stresses of childcare.

Enrolment Details:

- Designed to accommodate both institutional training and individual upskilling, iCare Life operates on a streamlined model.
- For a flat annual fee of \$499, agencies, pre-schools, or nanny services can secure a batch of 20 student licenses to train their staff or distribute to parent communities.
- Organisations receive a white-labelled Academy Portal co-branded with their logo.
- Learners gain 60 days of access to complete the course, take the auto-proctored test, and earn a certificate—an excellent tool for professional recruitment, institutional compliance, or personal peace of mind.



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Assessment Methods:

To ensure complete competency and retention, the programme features robust evaluation tools:

- **Mock Tests:** Multiple practice examinations designed to prepare learners for real-world application and final certification.
- **Final Certification:** An auto-proctored examination that verifies readiness to provide safe, professional, and nurturing care.

Instructor Information

- This programme is developed by the instructional design experts at iCare Life.
- The content is designed in consultation with paediatric professionals to ensure it aligns with modern childcare standards.

Key Topics

This curriculum is delivered through engaging animated videos, voice-over presentations, and interactive assessments, covering the following 6 core modules:

- **Module 1: Becoming a Good Caregiver:** Understanding the core responsibilities, professional etiquette for nannies and attendants, and the foundational skills required by all caregivers—including parents—to provide a nurturing environment.
- **Module 2: Basics of Baby & Childcare:** Establishing daily routines, feeding guidelines (from weaning at 6 months to balanced meals for 9-year-olds), settling techniques, and understanding the physical and cognitive developmental milestones across the early years.
- **Module 3: Wellness & Hygiene:** Implementing rigorous personal hygiene standards, maintaining a clean environment, infection control, and promoting the overall physical and mental wellbeing of growing children.
- **Module 4: Managing Babies & Children:** Handling age-specific behavioural challenges (from toddler tantrums to early school-age dynamics) with positive reinforcement, engaging children in stimulating learning, and managing dynamic daily schedules.
- **Module 5: Health & Safety:** Executing home and facility safety protocols, adapting childproofing as the child grows and becomes more mobile, understanding first aid fundamentals, and responding effectively to paediatric emergencies.
- **Module 6: Personality Development:** Building effective communication skills for interacting with parents, educational staff, and children, managing childcare-related stress, and cultivating a positive, patient, and professional demeanour.

